

# Wellness Calendar

# August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b><u>BIRTHDAYS</u></b>  <b>8/5-Earl W.</b> <b>8/29-Vivian</b>  		<b>1</b> 9:30-Exercise 10:30-Church 11:15-Manicures 1:15-Pennies game 2:30-Trivia	<b>2</b> 9:30-Exercise 10:30-The news 11:15-Stories 1:15-Bingo 2:30-Shopping lists/ 1:1	<b>3</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Decorating the car for the Parade	<b>4</b> 9:00-Blueberry parade 1:15-Bingo 3:00-Social hour 3:30-Trivia  
<b>5</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Card games 3:30-Reminisce 4:00-1:1	<b>6</b> 7:45-The news 9:30-Exercise 10:30-Walks 11:15-Discussion 1:15-Bingo <b>2:30-Animal shelter</b>	<b>7</b> 9:00-Pet therapy 9:30-Exercise 10:30-Walks 11:15-The news <b>1:15-Music w/Sandy &amp; Ric</b> 2:30-Manicures	<b>8</b> 7:45-The news <b>9:00-Blueberry picking</b> 10:30-Church 11:15-Library <b>1:15-Music w/Dick &amp; Frank</b> 2:30-Croquet	<b>9</b> 7:45-The news 9:30-Ind.exercise 10:30-Walks 11:15-Stories 1:15-Bingo 2:30-Shopping lists/ 1:1	<b>10</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Farm stand finds 3:30-Sing-a-long	<b>11</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Bingo 3:00-Rootbeer floats  
<b>12</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Pennies game <b>2:30-Ride</b> 3:00-Social hour	<b>13</b> 7:45-The news 9:30-Exercise 10:30-Walks 11:15-Discussion 1:15-Bingo <b>2:30-Farm stand finds</b>	<b>14</b> 7:45-The news 9:00-Pet therapy 9:30-Exercise 10:30-Walks 11:15-Crafts 1:15-Rummikub <b>4:30-Picnic &amp; music in the park</b>	<b>15</b> 7:45-The news 9:30-Exercise 10:30-Church 11:15-Manicures <b>1:15-Music w/Gambol Creek</b> 2:30-Horse shoes	<b>16</b> 7:45-The news 9:30-Ind.exercise 10:30-Walks 11:15-Stories 1:15-Bingo 2:30-Shopping lists/ 1:1	<b>17</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Farkle 2:30-Making Lemonade	<b>18</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Bingo 3:30-1:1 4:00-This was the year
<b>19</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Trivia 3:30-Movie & popcorn	<b>20</b> 7:45-The news 9:30-Exercise <b>10:30-Music w/The Sing-a-longs</b> 1:15-Bingo <b>2:30-Animal shelter</b>	<b>21</b> 7:45-The news 9:00-Pet therapy 9:30-Exercise 10:30-Res. Council Mtg. <b>11:30-Picnic</b> <b>6:15-Music w/Sammy Angel</b>	<b>22</b> 7:45-The news 9:30-Exercise 10:30-Church 11:15-Manicures 1:15-Crafts <b>3:30-Ice cream outing</b>  	<b>23</b> 7:45-The news 9:30-Ind.exercise 10:30-Walks 11:15-Stories 1:15-Bingo 2:30-Shopping lists/ 1:1	<b>24</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Crafts 2:30-Milkshakes	<b>25</b> 9:30-Kick ball 10:30-Walks 11:15-The news 1:15-Bingo 3:30-Sing-a-long  
<b>26</b> 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Pennies game 3:30-1:1 4:00-Stories	<b>27</b> 7:45-The news 9:30-Exercise 10:30-Walks 11:15-Discussion 1:15-Bingo 2:30-Name that tune	<b>28</b> 7:45-The news <b>9:00-Reid State Park outing/</b> Pet therapy 11:15-Word games 1:15-Movie & popcorn	<b>29</b> 7:45-The news 9:30-Exercise 10:30-Church 11:15-Manicures 1:15-Trivia & Ice tea 2:30-Croquet	<b>30</b> 7:45-The news 9:30-Ind.exercise 10:30-Walks 11:15-Stories 1:15-Bingo 2:30-Shopping lists/ 1:1	<b>31</b> 9:30-Exercise <b>10:00-Music w/Kathy</b> 11:15-The news 1:15-Reminisce 2:30-Card games	

**Photos from last month!**

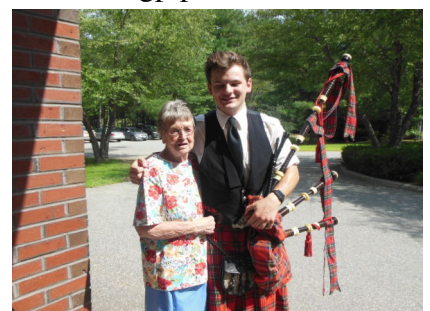
Strawberry shortcake w/Fresh picked Strawberries



Croquet



Bagpipe music



**\*Please note the schedule is subject to change\***