






Pinewood Terrace

MCD Communities

Connecting people & possibilities

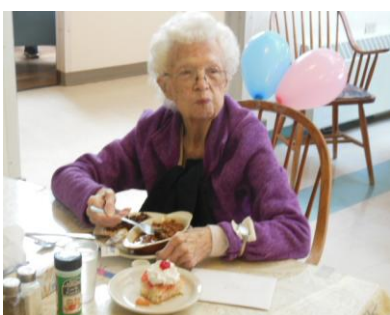
Wellness Calendar

May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Discussion 1:15-Bingo	2 7:30-The news 9:00-Pet therapy 9:30-Exercise 10:30-Walks 11:15-Card games 1:15- Trivia	3 7:30-The news 9:30-Exercise 10:30-Church 11:15-Manicures 1:15-Animal shelter +	4 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Stories 1:15-Bingo 2:45-Shopping lists/ 1:1	5 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Farkle 2:30-Rootbeer floats	6 9:30-Exercise 10:30-Walks 11:15-Word search 1:15-Play a game with a friend
7 9:30-Exercise 10:30-Walks 11:15-Puzzles 1:30-Church on DVD 3:00-Social hour	8 7:30-The news 9:30-Exercise 10:30-Sing-a-long w/ Eileen & gang 11:15-Discussion 1:15-Bingo 2:45-Yard work 6:15-Music w/Sammy Angel	9 7:30-The news 9:00-Pet therapy 9:30-Exercise 10:30-Walks 11:15-Yard work 1:15-Yard work 2:30-Relax on the porch	10 7:30-The news 9:30-Exercise 10:30-Church 11:15-Manicures 1:15-Finish the phrase 2:30-Library +	11 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Stories 1:15-Bingo 3:00-Shopping lists/ 1:1	12 9:30-Exercise 10:30-Walks 11:15-Word games 1:15-Movie matinee	13 9:30-Exercise 10:30-Walks 11:15-The news 1:15-Pennies 2:30- Crafts
14 <u>Mother's Day</u> 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Discussion 1:15-Farkle 2:30-Ride 	15 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Read & relax 1:15-Bingo	16 7:30-The news 9:00-Pet therapy 9:30-Exercise 10:30-Walks 11:15-Yard work 1:30-Puzzles	17 7:30-The news 9:30-Exercise 10:30-Church 11:00-Lunch outing 1:30-Movie matinee +	18 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Stories 1:15-Bingo 3:00-Shopping lists/ 1:1	19 9:30-Exercise 10:30-Walks 11:15-Stories 1:15-Farkle 2:30-Milk shakes	20 9:30-Exercise 10:30-Walks 11:15-Crossword fun 1:30-Movie matinee
21 9:30-Exercise 10:30-Walks 11:15-Puzzles 1:30-Church on DVD	22 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Discussion 1:15-Bingo 2:45-Ride	23 7:30-The news 9:00-Pet therapy 9:30-Exercise 10:30-Walks 11:15-Card games 1:30-Music w/Gambol Creek	24 7:30-The news 9:30-Exercise 10:30-Church 11:15-Manicures 1:15-Music w/The Music Medic 2:30-Library +	25 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Stories 1:15-Bingo 3:00-Shopping lists/ 1:1	26 9:30-Exercise 10:30-Walks 11:15-Stories 1:15-Pennies 2:30-This was the year	27 9:30-Exercise 10:30-Walks 11:15-Word puzzles 1:15-Relax on the porch
28 9:30-Exercise 10:30-Walks 11:15-Visit with a friend 1:30-Church on DVD	29 <u>Memorial Day</u> 7:30-The news 9:30-Exercise 10:30-Walks 11:15-Discussion 12:00-BBQ 1:15-Bingo 2:45-Triominos 	30 7:30-The news 9:00-Pet therapy 9:30-Exercise 10:00-Res. Council Mtg. 10:30-Walks 11:15-Rummikub 1:15-Animal shelter	31 7:30-The news 9:30-Exercise 10:30-Church 11:15-Manicures 1:15-Music w/Mike 2:30-Dollar store outing +		Birthdays 5/2-Micky A. 5/27-Polly C. 	Social Hour Please join us daily at 10AM & 3 PM for light refreshment and conversation.

Photos from last month!

Spring Birthdays!



Please note the schedule is subject to change